



Tackling Root causes Upstream of Unhealthy Urban Development

Supporting local government to create healthy places

Association of Directors of Public Health: Health and Planning Collaborative Group

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University Consortium



Local Authority Partners



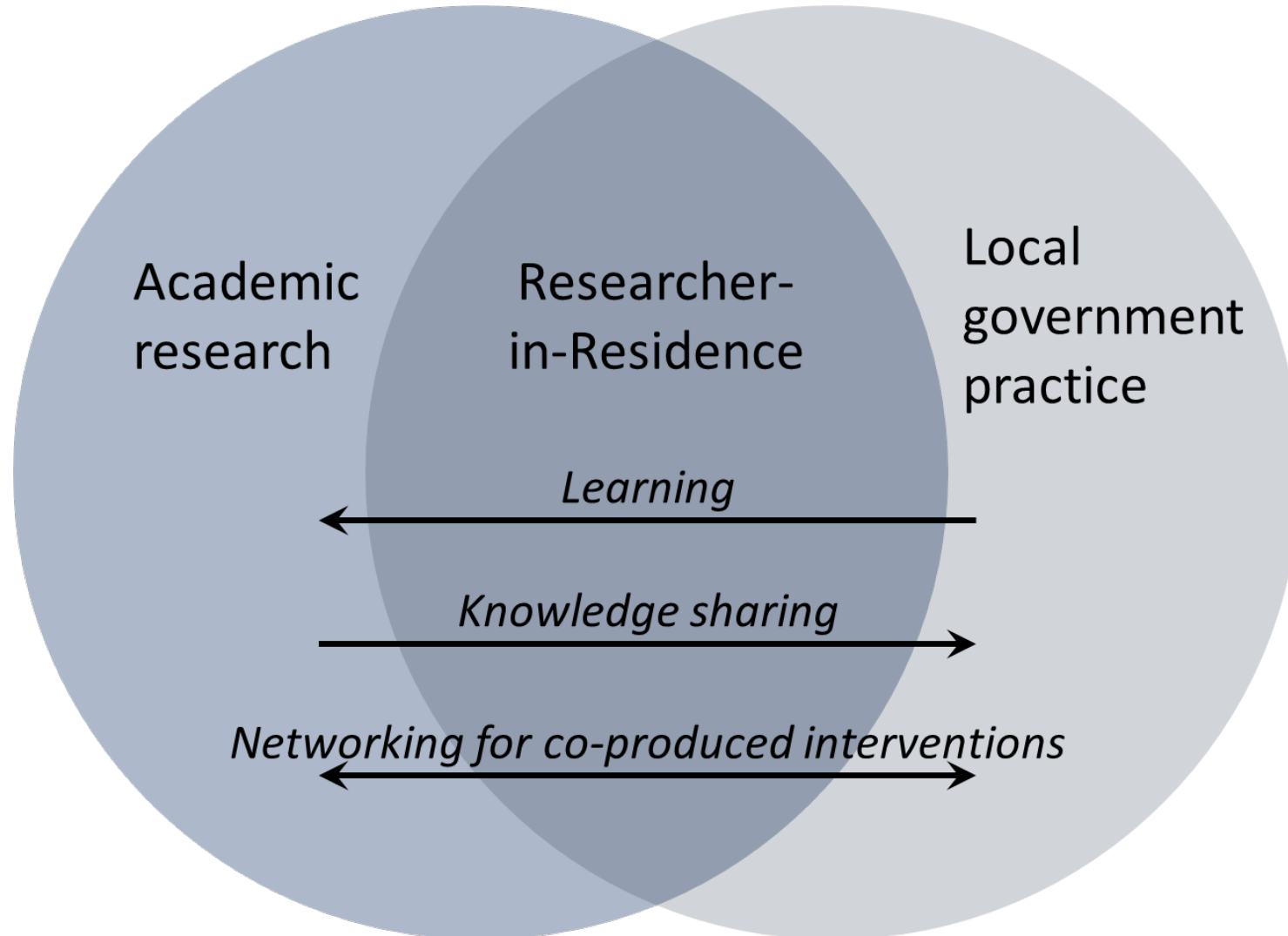
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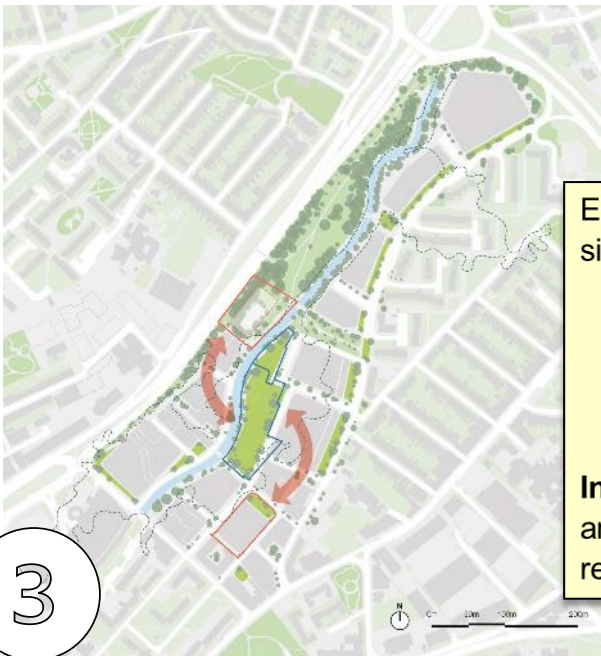


Using health evidence to influence decision-making

1



Permeability/walkability Greenspace: proximity & size
 Greenspace: aesthetics
 Greenness/NDVI Fear of crime Transport infrastructure
 Transport noise Flood risk



3

Improvements to green space quality and quantity could bring **£30 million additional benefits**, through improved mental health, and reduced risk of cancer and childhood obesity.

Health Outcomes

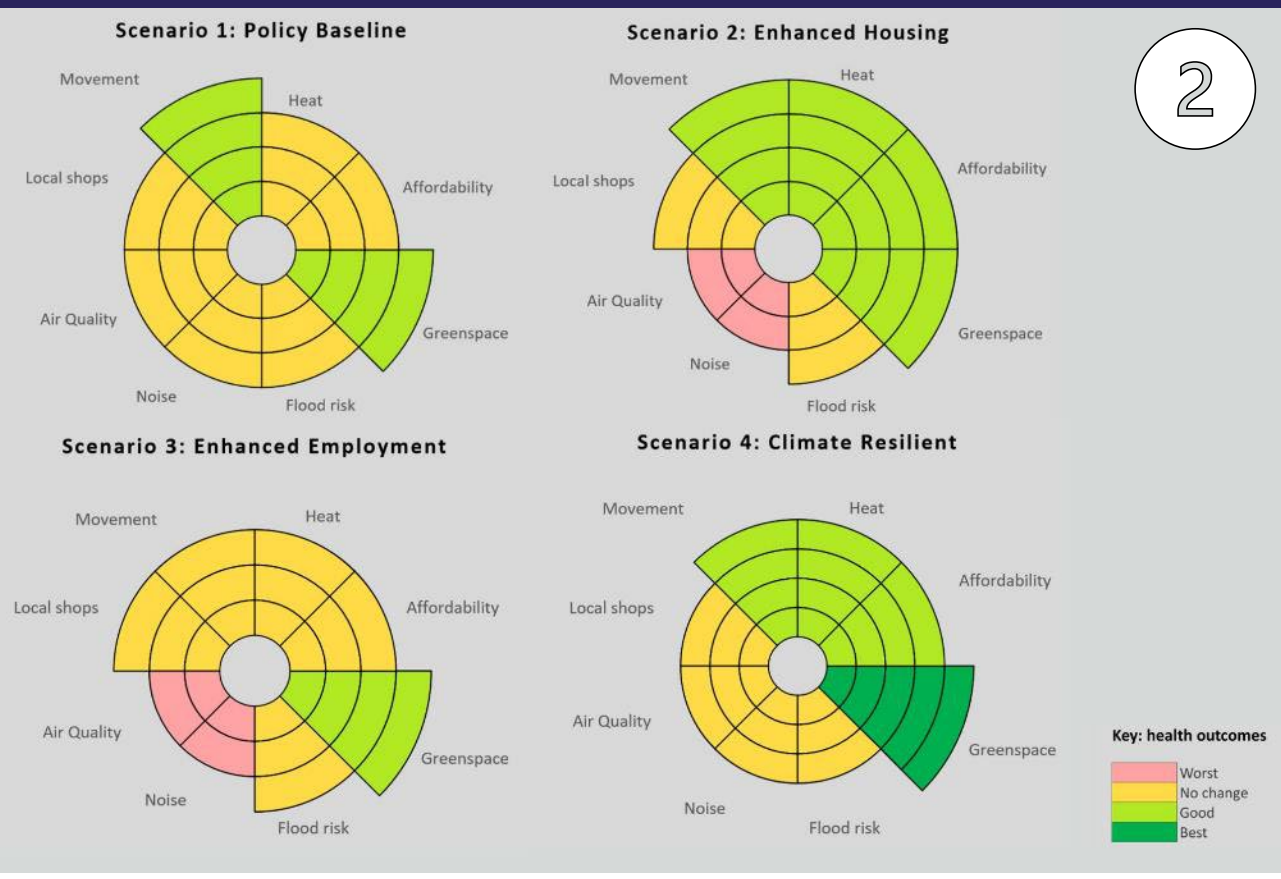
Estimated changes to **health of residents** within 300m of the site boundary (TRUUD Research findings):

- 80% reduction in mental health problems (active women 18+)
- 25% reduction in diabetes / pre-diabetes in adults
- 19% reduction in childhood obesity (ages 9-12)
- 11% reduction in cancer (mouth and throat)

Indirect and long-term cost savings for Bristol City Council and other public sector bodies associated with a healthier, more resilient community

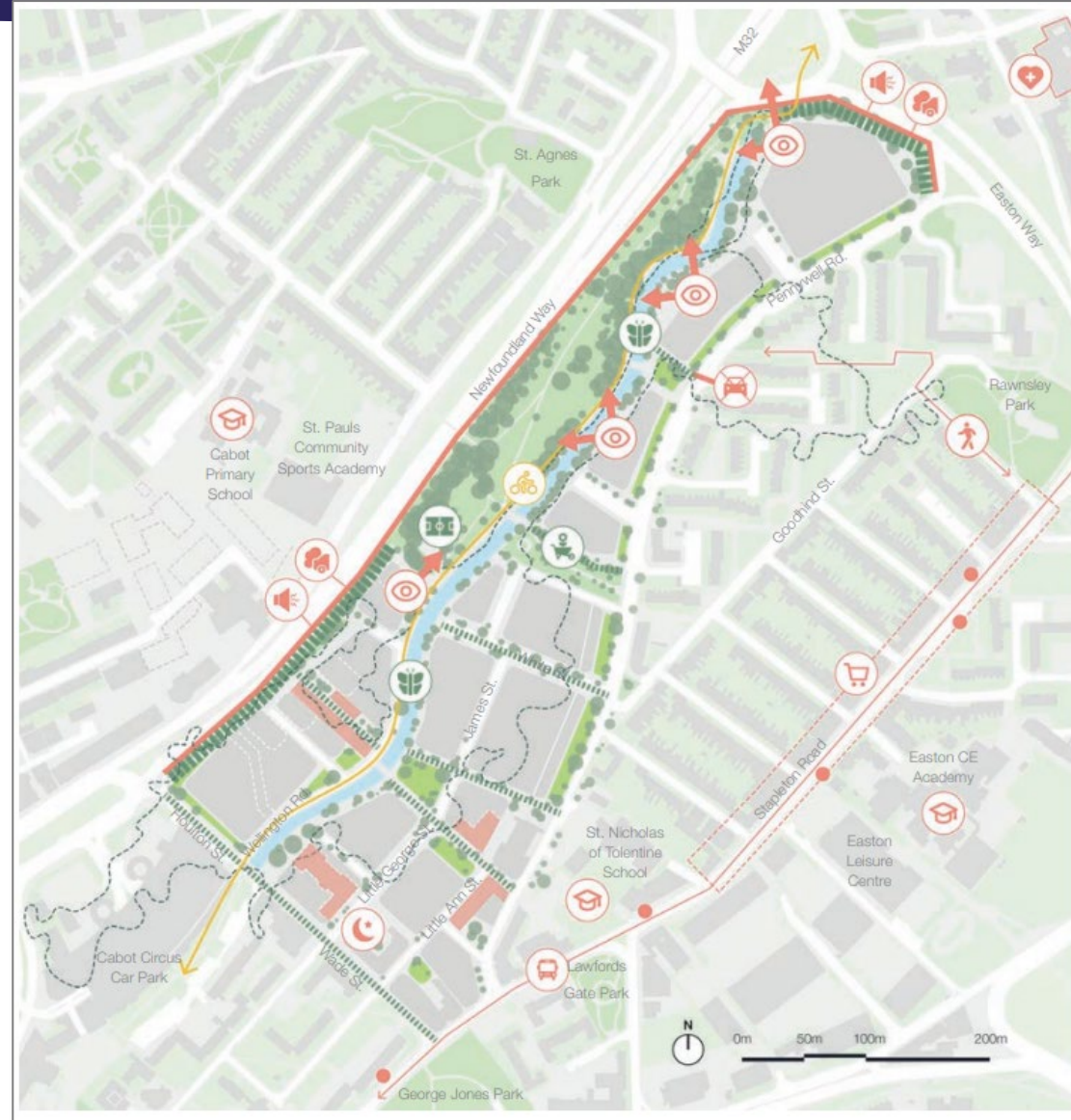
Provision of additional green space through a single unit, rather than dispersed across the site, may bring further reductions of risk of diabetes, to a value of **£21 million**.

Health Outcomes



Key: health outcomes
 Worst (pink)
 No change (yellow)
 Good (light green)
 Best (dark green)

Highlighting health impacts



Compared to low walkability areas, **high walkability areas are associated with a reduction in risk of depression by around 68%** for men over 65. Walkability improvements for the site could **improve health valued at £23 million** by increasing activity and reducing risk of conditions such as diabetes and weight gain.

Health Outcomes



Prolonged exposure to housing costs above 30% of income can have a negative impact on mental health, increasing risk of mental disorders

Health Outcomes

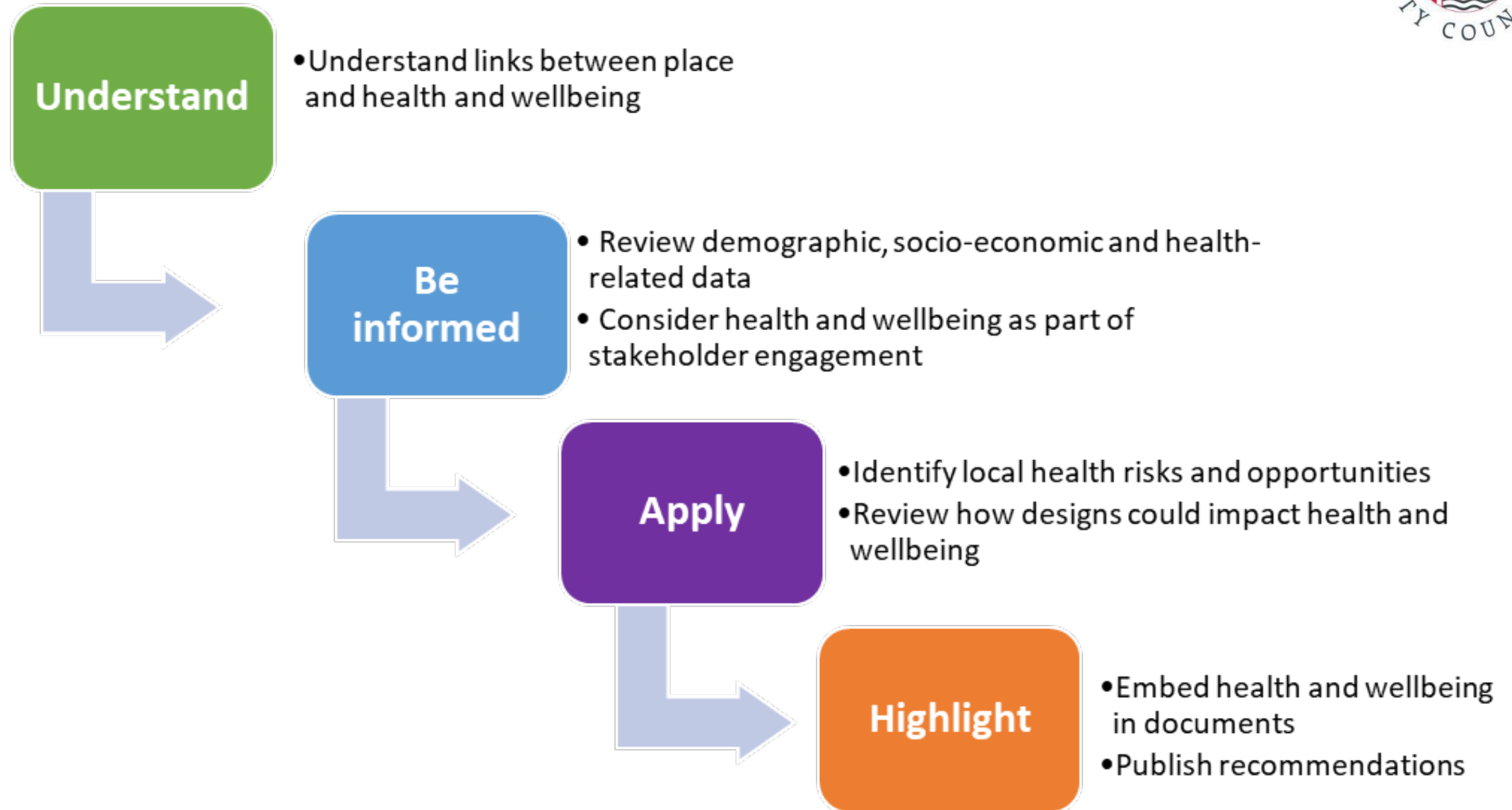


The estimated overall societal value of health benefits from the framework approach is around £80-£100 million, compared to an unmanaged approach

Health Outcomes



Putting health and wellbeing at the heart of all we do: Healthy places toolkit



Intervention 2: Healthy planning policies

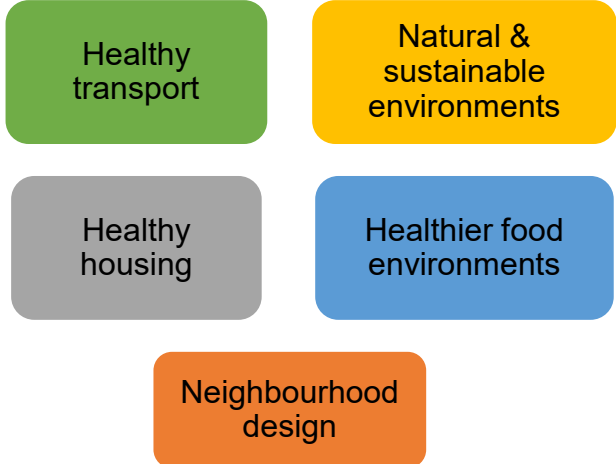
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Bristol Local Plan
Publication Version



BRISTOL CITY COUNCIL
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Integrating Health into Local Plans: A Comparative Review of Health Requirements for Urban Development in Seven Local Planning Authorities in England

Rosalie Callway^{1,*}, Anna Le Gouais¹, Emma L Bird², Michael Chang³, Judi Kidger¹

Special Section: Healthy Homes

healthy policies for healthy places — how to better integrate health into local plans?

Rosalie Callway and Anna Le Gouais report the findings of a study that examined seven Local Plans in England to identify ways to strengthen health requirements in planning policies

Intervention 2: Guidance

“The work has had a direct impact on what we’ve been able to include in our Local Plan.”

“It’s a really useful guide to make planners reflect on Local Plans and make health far more explicit.”

Planning for healthy places:

a practical guide for local authorities on embedding health in Local Plans and planning policies in England



Universal guidance

- Collaboration
- A definition of health and health inequalities
- Key strategies, standards and guidance
- Key local health evidence/data
- Health impact assessment (Local Plan)



Policy guidance

- Strategic health policy
- Health impact assessment (development)
- Neighbourhood design
- Healthy homes
- Healthy food environment
- Natural environments and climate change
- Healthy transport and movement



Implementation guidance

- Planning conditions
- Funding of health requirements
- Viability appraisal
- Health management plans
- Monitoring obligations
- Community engagement and ownership

Embedded research

Understand complexity to tackle complex public health challenges through co-produced interventions



Explaining our work and the implications for UK policy.

Intervention Areas

- Changing Mindsets
- Real Estate Investment
- National Government
- Greater Manchester: Transport Planning
- Bristol: Spatial Planning
- Law and Local Government
- Public Engagement
- Systems
- Economics (enviro and health)
- PhD



New towns and grey belts: healthy place making or housing numbers?

Labour's pledge to jump start housing delivery through New Towns and 'grey belts' is an important response both to housing and affordability issues as well as the major economic crises of the last few decades. However, without quality assurance and strategic incentives, this risks becoming a 'quantity at all costs' approach.

[Read more...](#)



Joining up government for public health

Realising Prevention: Practical Policies for Healthier Society

There is growing recognition that tackling complex social problems, like climate change and health inequalities, can only happen by building strong interconnections across policy jurisdictions and sectors. Over the decades, a slew of initiatives have sought to achieve more joined-up government in the UK, from Churchill's abortive system of 'overlords' through to the short-lived levelling up agenda.

"I feel stressed in this house"

Kadra and Wendy raising their children and managing their lives in damp homes



"Don't be afraid to speak up because there will be a lot of technical talk, but at the end of the day, you keep in mind what you're there for."

Chimeme Egbutah, Public Health Service Manager (Health Inequalities) at Luton Borough Council talks through how they made an impact with HIAs at the Marsh Farm development.



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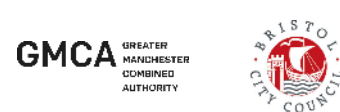


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