

# Bridging the gap from research to practice: a Researcher-in-Residence approach to co-produce interventions to influence wider determinants of health

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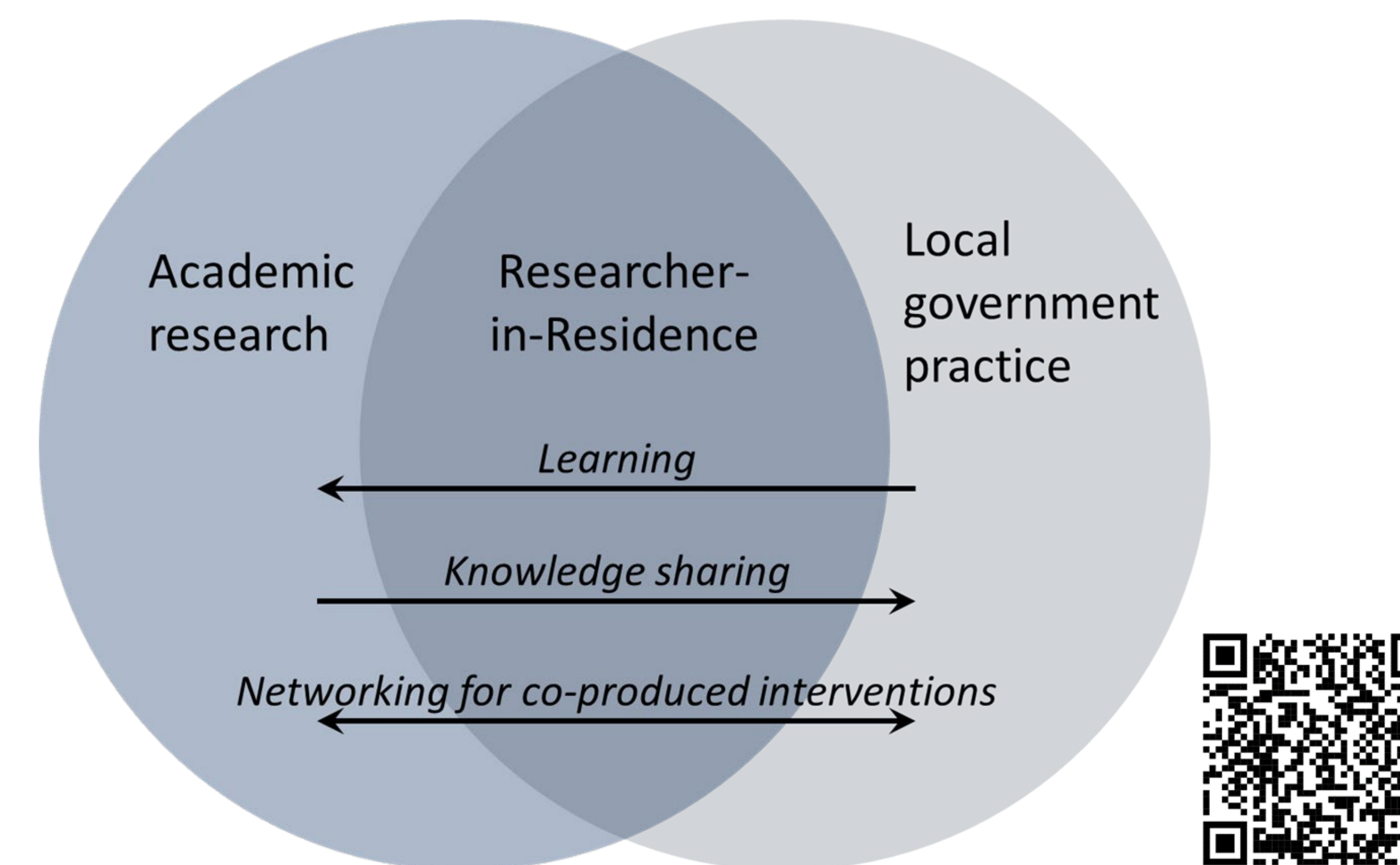
## Background

- Ensuring research is relevant, timely and impactful is important for tackling complex public health challenges, such as creation of healthy environments.
- The Researcher-in-Residence approach can bridge between research and practice for intervention development, implementation and evaluation.



## Aim

Show how an embedded researcher in local government can help create healthier environments



Le Gouais A, Peake-Jones S. Researchers-in-Residence to facilitate co-production: the TRUUD project. Perspectives in Public Health. 2022;142(4):193-195. doi:10.1177/17579139221103183



## Findings

Embedded research can help:

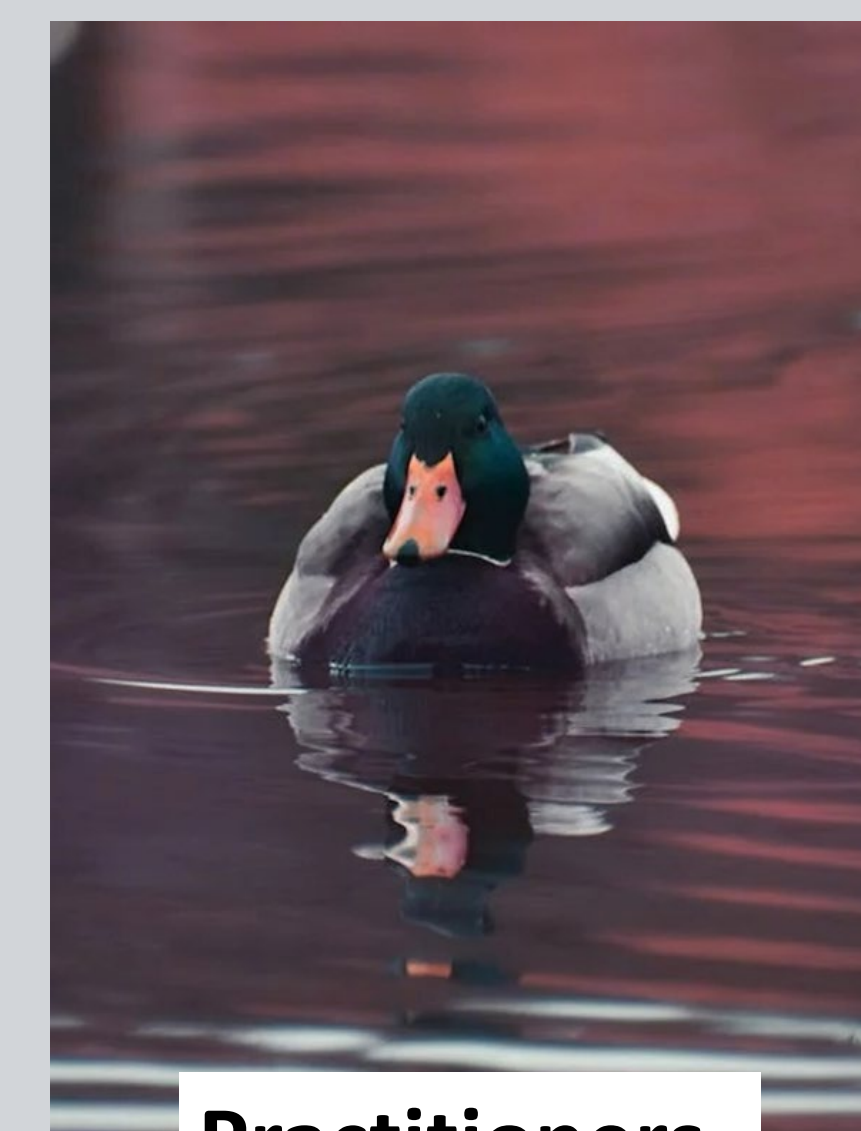
- Understand complex systems
- Facilitate stronger links between public health and non-health practitioners
- Identify opportunities for collaborative interventions:
  - E.g. Support healthier local policies; use health evidence; develop research tools; add resource to improve practice



Academics



Embedded researcher



Practitioners

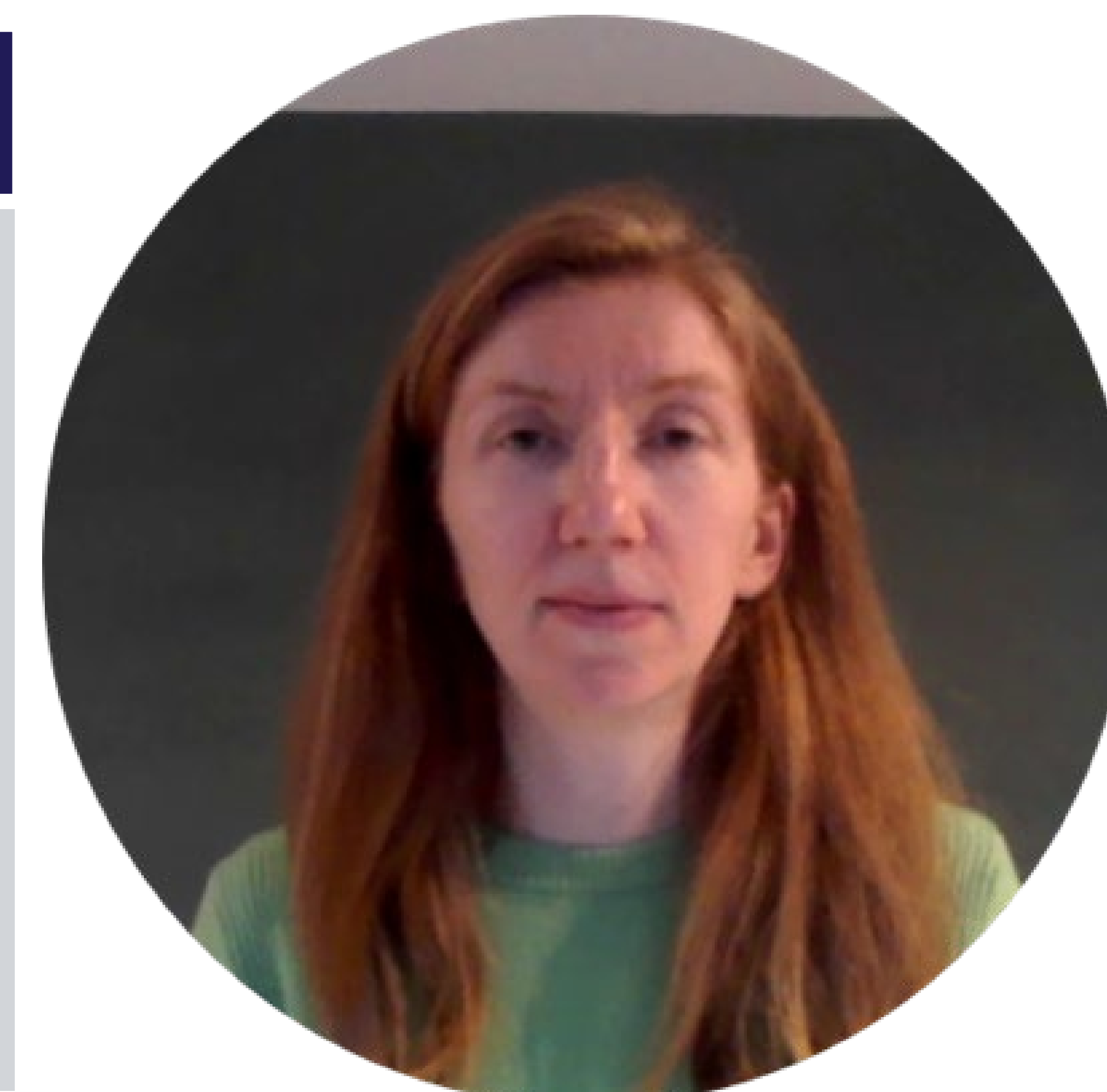
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## Methodology

- Embedded part-time within Bristol City Council from Oct 2020 to present: working with Regeneration Planning Policy and Public Health teams.
- Observations and day-to-day interactions with practitioners to facilitate collaborative interventions

## Conclusions

- Bring public health skills and knowledge to practitioners.
- Embedded researchers could help identify ways to influence wider determinants of health in complex systems.



## Further information:

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